# CONTEMPLATIVE COACHING SUPERVISION





What does Contemplative Coaching Supervision mean to you? What could it offer you as a professional?

Sue Holland and Anne Welsh will co-facilitate this global online group, providing a contemplative space for embodied listening, to and for the emergent, the not yet known. They will invite participants to

- deepen their enquiry and receptivity
- develop and extend listening skills
- to discern the calling Self
- experience presence through heightened somatic awareness
- develop attention and awareness
- explore parallel process
- build inner resilience

Sue and Anne both have over 30 years' experience working in the fields of psychology and coaching.

They use various psychological maps and models to inform their work.

They are APECS accredited coach supervisors, executive coaches and UKCP registered psychotherapists.

## The Group

Closed group - 6 members

#### **Times**

1x2 hour introduction session - gifted 6 x 2 hour sessions - payable

### **Monthly**

Friday morning 11:00 UK time October 2021 - April 2022

#### Fees

£900.00 (£75.00 per hour)

For more information/registration please email:

help@onpurpose.info

# The future is now







SANOFI















